

Keystone Staff

Executive Director
Phyllis Spangler

Administrative Assistant
Kimberly Beeson

Care Companions

Sharon McFadden
Tina McGhee
Julie Young

Board of Directors 2025

Chairperson
Debbie Callis

Vice Chairperson
Laura Jones

Secretary
Miriam Wankerl

Teri Smith-Pearson
Anne Lawson
Connie Warford

FUMC Staff Liaison

Rev. Ken Sauer

Keystone Caregiver Support Group

January 9, 12:30pm

Professionals trained in dementia care and other caregivers will give you tools to help you manage your caregiving journey. Targeted topics will include Hospice, Elder Law, Assisted Living, Long Term Care Decisions and More!

Facilitator: Phyllis Spangler
First United Methodist Church
1350 Oak Ridge Turnpike
Oak Ridge, TN 37830
Room 202

For more information, call Phyllis at 483-6631



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Oak Ridge, TN 37830

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Website: www.keystonetn.org



Keynotes

KEYSTONE ADULT DAY PROGRAM
PARTNERS IN DEMENTIA CARE

January 2025



A New Year of Gratitude!

As we ring in 2025, there is much to celebrate. December brought all the trimmings of the season with cookie decorating, crafting, caroling and caring for one another. Keystone is truly an exceptional community that brings meaning and purpose for those living with dementia and much needed relief for their caregivers. This is all possible because of our generous and faithful donors. Thank you! Here's to YOU and the New Year!

Keystone will be closed Monday, January 20 in observance of MLK Jr Day.

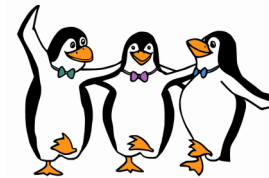
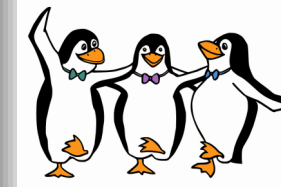


Crafting, Baking and Creating

Inclement Weather Policy

Keystone follows the snow schedule for Oak Ridge City Schools. If the schools are closed, Keystone will also be closed. If the schools decide to close early due to snow, Keystone will also close early. Please be alert to these weather situations and make prompt arrangements to pick up your participant.

Thank you!



December Dance Party!



Morning Pointe of Clinton visited with mini Christmas trees for participants to decorate. Megan lends a hand to help Dakota get an ornament in just the right spot. Thank you Morning Point!

In Memory Of

Bob Walker
By
Orlin and Barbara Stansfield

Donations

Clif Moyers
Ruth Reed
Joana Springmier
Liz Batchelor
Andrew Scruggs
Debbie Shepherd
Rachel Reagan

Wish List

- Activia Yogurt
- Individual packages of plain Lay's potato chips
- Packaged peanut butter crackers
- Little Debbie Oatmeal Pies
- Individual pudding cups
- Assorted adhesive gems

Thank You!